

# CREATING SACRED SPACE AT HOME

**A workshop at the Golden Gate Spiritualist Church**

Offered by June Johnson for a group of 6 to 20 interested participants

**Saturday March 28, 2015 10:30 am - 12:30 pm**

A continuation of last year's well-received workshop; we will review key ideas; emphasize sharing our personal visions and purpose; and offer tips for maintenance of our sacred space. Open to all.

\$10 donation to the church.

Facilitated by group discussion and encouragement, each participant will develop a plan for creating an altar or Tokonoma (decorative alcove) based on their personal vision of ideal reality.

Our two hours together will include considerations of:

- 1) colors and objects that harmonize with our aspirations;
- 2) tips on resources and methods for expressing our ideal in a physical space;
- 3) purpose of sacred space and options for placement;
- 4) maintaining our sacred space to promote joy and a calm sense of order.

Participants are encouraged to bring samples of favorite colors; personally inspiring images of people, places, or objects of art; and favorite quotes or sayings. Also welcome are small items to offer as a gift for another participant.



Early form of tokonoma, showing a hanging scroll, and a table with various objects: an incense burner, a flower vase, and a candle holder; found in the biography of the monk Kakunyo who lived in Japan between 1270-1351. Picture from *What is Japanese Architecture?* by Kzuo Nishi and Kazuo Hozumi.